

## INSTRUCTIONS FOR PREOPERATIVE SKIN CLEANSING BEFORE PLANNED SURGICAL PROCEDURES.

**Purpose:** to take advantage of the potential to decrease post-operative surgical site infections by cleansing the skin of the patient preoperatively.

Please remember to **Not Shave** any of the hair bearing areas at or near the planned operative site for 48 hours prior to the operation.

At the present, typical use instructions for a commercial CHG formulation are as follows:

- If the patient's condition allows, showering is recommended for whole-body bathing.
- The patient should wash the entire body, including the scalp, on two consecutive occasions prior to having a surgical procedure. We prefer a shower or bath the evening before the operation and the morning of the operation.
- Each shower bath should consist of two consecutive thorough applications of CHG containing formulation followed by thorough rinsing.

The recommended use of the preoperative skin cleansing soap is as follows:

- Wet the body, including the hair.
- Wash the hair using 1 ounce of the antiseptic soap and the body using another 1 ounce of the formulation. Scrub the areas of the planned operation and the surrounding areas for 30 seconds using a wash cloth.
- Rinse.
- Repeat.
- Rinse thoroughly after the second application.

After completing the shower bath and drying the skin, please do not apply any skin lotions, moisturizers, etc.